

D e l m e n h o r s t	D a m e n L a u f	S G S H u d e - S a n d k r u g	S G W i l h e l m s h a v e r S S V	W i l h e l m h o r s t e r S V 2	D e l m e n h o r s t e r O l d e n b u r g 2	S G R e p t u n E m d e n	S V N e p t u n E m d e n	S V G a n d e r k e e s e
---	---	--	--	---	---	---	---	---

D e l m e n h o r s t	H e r r e n L a u f	S G W i l h e l m s h a v e n	S V G a n d e r k e e s e	S V N e p t u n E m d e n	S V W i l d e s h a u d e n	S G S H u d e - S a n d k r u g
---	--	---	---	---	--	--

1. Abschnitt		Damen						
1	200 m F	1	2	3	4	5	6	H6
3	100 m B	2	3	4	5	6	H6	1
5	200 m R	3	4	5	6	H6	1	2
7	100 m S	4	5	6	H6	1	2	3
9	800 m F	5	6	H6	1	2	3	4
11	200 m L	6	H6	1	2	3	4	5
13	50 m F	H6	1	2	3	4	5	6
15	200 m S	1	2	3	4	5	6	H6
17	400 m F	2	3	4	5	6	H6	1
19	200 m B	3	4	5	6	H6	1	2
21	100 m R	4	5	6	H6	1	2	3
23	400 m L	5	6	H6	1	2	3	4
25	100 m F	6	H6	1	2	3	4	5

1. Abschnitt		Herren				
1	200 m F	1	2	3	4	5
3	100 m B	2	3	4	5	1
5	200 m R	3	4	5	1	2
7	100 m S	4	5	1	2	3
9	1500 m F	5	1	2	3	4
11	200 m L	1	2	3	4	5
13	50 m F	2	3	4	5	1
15	200 m S	3	4	5	1	2
17	400 m F	4	5	1	2	3
19	200 m B	5	1	2	3	4
21	100 m R	1	2	3	4	5
23	400 m L	2	3	4	5	1
25	100 m F	3	4	5	1	2

2. Abschnitt		Damen						
27	200 m F	3	4	5	6	H6	1	2
29	100 m B	4	5	6	H6	1	2	3
31	200 m R	5	6	H6	1	2	3	4
33	100 m S	6	H6	1	2	3	4	5
35	800 m F	H6	1	2	3	4	5	6
37	200 m L	1	2	3	4	5	6	H6
39	50 m F	2	3	4	5	6	H6	1
41	200 m S	3	4	5	6	H6	1	2
43	400 m F	4	5	6	H6	1	2	3
45	200 m B	5	6	H6	1	2	3	4
47	100 m R	6	H6	1	2	3	4	5
49	400 m L	H6	1	2	3	4	5	6
51	100 m F	1	2	3	4	5	6	H6

2. Abschnitt		Herren				
27	200 m F	5	1	2	3	4
29	100 m B	1	2	3	4	5
31	200 m R	2	3	4	5	1
33	100 m S	3	4	5	1	2
35	1500 m F	4	5	1	2	3
37	200 m L	5	1	2	3	4
39	50 m F	1	2	3	4	5
41	200 m S	2	3	4	5	1
43	400 m F	3	4	5	1	2
45	200 m B	4	5	1	2	3
47	100 m R	5	1	2	3	4
49	400 m L	1	2	3	4	5
51	100 m F	2	3	4	5	1

H6 = Herrenlauf Bahn 6